

# eats.

## Week 2

### Week Two commencing:

13th September, 27th September, 11th October,  
1st November, 15th November, 24th November, 13th December,  
10th January 2022, 24th January 2022, 7th February 2022,  
28th February 2022, 14th March 2022, 28th March 2022.

### Monday

Fresh Mediterranean  
Vegetable Ravioli with  
Garlic Pizza Slice  
or  
Falafel Wrap with Mexican Rice  
Sweetcorn / Peas  
Syrup Sponge & Custard

### Wednesday

Roast Chicken with Stuffing,  
Roast Potatoes,  
Yorkshire Pudding, & Gravy  
or  
Vegan Cumberland Sausage with  
Stuffing, Yorkshire Pudding, Roast  
Potatoes & Gravy  
Carrots / Savoy Cabbage  
Fruit Crumble with  
Ice Cream

### Thursday

Margherita or Ham &  
Tomato Pizza  
or  
Vegetable Meatballs in a  
Tomato Sauce with Pasta  
Medley of Crudites  
Lemon & Raspberry  
Muffin

### Tuesday

Beef Burger in a Loaded Bun  
with Potato Wedges  
or  
Five Bean Chili & Nachos  
Rainbow Coleslaw / Salad  
Chocolate Fridge Cake Slice &  
Juice Carton

### Friday

Fish Fillet or Fish Fingers  
with Chips  
or  
Vegan Nuggets with Chips  
Baked Beans / Peas  
Mable Crunch &  
Chocolate Sauce

#### Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch - see schools website for details

For information on allergens & intolerances visit [www.eats-catering.co.uk](http://www.eats-catering.co.uk)