



Forest School

4th September, 2025

Dear parents/carers,

Willow Class will be taking part in Forest School sessions on Thursday afternoons this term. Please send your child to school wearing clothes suitable for exploring our wooded area, and please be aware that these are likely to get dirty...and that's OK!

The clothes they wear need to be suitable for a range of activities, including climbing, walking on uneven ground, exploring muddy areas and using other messy resources. Even on dry days, mud is always present as we make our own! Children may want to bring in a change of clothes or spares for after the session.

Please note: During the sessions, in all weathers, the children will need to have their arms and legs covered by their clothes.

Ideal clothes include:

- old jogging bottoms/leggings
- long sleeved t-shirts
- sweatshirt/hoody/fleece
- layers to keep warm as the we move into autumn and winter
- waterproof jacket and waterproof trousers (or an all-in-one) -*we do have some spares*
- waterproof footwear - most likely a pair of wellies (your child should have a pair of wellies that are kept at school and can be used for these sessions) Warm socks will be needed in colder weather.



For our first session, on **Thursday 11th September**, we will be having a Teddy Bear's Picnic (it is National Teddy Bear Day on 9th September!) Your child may bring in *one* cuddly toy or teddy bear to accompany them. (We will keep these away from our muddy areas but please be mindful that very precious items may be better at home). We will have plenty of spares if children would rather borrow one.

Thank you for your support,

Mrs Wesley