| Dear Parents/Carers,
together with details of the children's fantastic learning, with her.
| This week, school clubs have restarted, along with the choir. Sabine, the choir teacher, has also started singing assemblies with the whole school. She reported lots of engagement and lovely behaviours for learning. Lunchtime behaviours will be a focus in the dinner hall over the forthcoming weeks, with teachers coming in to join children to have some of the tasty delights that Sam serves in the kitchen.
Next week, Mrs Quinn will be inviting parents and carers of Elm into class for a 'meet the teacher' session. Further details are contained within the newsletter.
Willow class will be walking to the shop to buy some yummy food to share with their families on Wednesday (date and time on the newsletter).
Have a great weekend.
Sarah King
Head of School

## Online Safety

## Staying safe on shopping platforms

Quality merchandise, Fair prices, What's not to love? The possibility of bagging a bargain and the ability to sell your own unwanted items have made online marketplaces like Vinted and Depop into an attractive option for anyone looking to save money or make a little extra cash for themselves in these challenging economic times.

Unfortunately, however, these services (and numerous others like them) can still be misused by scammers, so it pays to remain vigilant for the risks associated with shopping apps. Fortunately, this week's guide is on hand with some helpful pointers to protect young people (and yourself) from potential exploitation while doing business with others online.


## Water Bottles and Contents

The following has been taken from the NHS website:-
Squashes, flavoured milk, 'fruit' or 'juice' drinks and fizzy drinks
From 5 years old, you can give your child undiluted fruit juice or smoothies, stick to no more than 1 glass (about 150 ml ) a day, served with meals.

Fizzy drinks are acidic and can damage tooth enamel so they should not be given to babies and young children.

Diet or reduced-sugar drinks are not recommended for babies and young children.
Even low-calorie drinks and no-added-sugar drinks can encourage children to develop a sweet tooth.

Having squash in bottles in the classroom attracts ants which cause us issues through the summer term.

When asking children to have water in their bottles, we are not being difficult but following health guidelines and preventing ant infestation.

## Found

Has your child lost their glasses? I have a pair in the office.

## Children's Choice Menu 2nd May

Please note that on Thursday, 2nd May the menu will be:-
> 'Build a Burger' 100\% Beef Burger Homemade Loaded Potato Wedges Corn on the Cob

You can add:
Cheese/Shredded Lettuce/ Sliced Tomato/Sliced Cucumber/Onion/Tomato Sauce/BBQ Sauce/Garlic Mayo

Dessert
Eton Mess

## Super Stars

Willow-Raffy, Theo
Elm-Logan, Mia
Oak-Takoda, Bella, Elsie
Hazel-Elijah
Chestnut-Sienna
Holly-Gracie
Cherry-Mikey
Well Done Everyone

## Golden Certificates

Willow-Lottie, Delilah
Elm - Violet
Oak - Oscar
Hazel-Charlie, Elsa
Chestnut-Herbie
Holly-Amelia
Cherry-Harry
Well Done Everyone

## Attendance This Week

As we know, good attendance at school supports pupils' attainment and well-being.

Willow - 95.33\%
Elm - 92.64\%
Oak - 94.42\%
Hazel-92\%
Chestnut - 96.43\%
Holly - 98.57\%
Cherry - 77.78\%


## School Dinners

Due to increases in the costs of food and labour, we are no longer able to maintain lower than average school lunch prices. From 1st May the price will increase from $£ 2.30$ to $£ 2.40$ ( 50 p across the week). This still keeps our lunch prices amongst the cheapest in the county.

The new Summer Menu starts after Easter and each week will continue to be shown on the newsletter. A full copy of the menu can be found on our school website
https://www.mendlesham.suffolk.sch.uk/

## Key Dates: 23/24

29th April-Elm Class Meet the Teacher at 3pm
1st May-Willow Class walk to the Shop
1st May-Willow Class Share Afternoon 2:30pm

## 6th May-Bank Holiday Monday

13th to 17th May-KS2 SATs Week
27th May-Half Term Week Commencing 29th April

## Monday

Margherita Swirl or Pepperoni Swirl Jacket Potato (Cheese, Beans or Tuna Mayo) Cajun Wedges Selection of Salad/Vegetables

School Packed Lunch Wrap Ham, Cheese or Tuna Mayo Fruit Selection/Veg Sticks Salad Side Changes Daily

Bake of the Day
Selection of Fresh Fruit Yoghurt

## Tuesday

Pasta Bar with Cheese or Tomato Sauce
Dough Balls/Sticks
Meatballs/Bacon
Selection of Salad/Vegetables
Jacket Potato (Cheese, Beans or Tuna Mayo)
School Packed Lunch Wrap Ham, Cheese or Tuna Mayo Fruit Selection/Veg Sticks Salad Side Changes Daily

Bake of the Day Selection of Fresh Fruit Yoghurt

## FOMSA

Thank you to everyone that donated to our Bags to School we had a total of 400 kg and will let you know how much that raised as soon as we can.

On the following page you will see some information about a fundraising event we will be holding.

## FOMSA News:

## Advance Warning! Break A Rule Day

## II Friday $\mathbf{2 4}^{\text {th }}$ May: Bring a filled Jam Jar to school

I FOMSA will be asking the School Council to decide this term's theme and the school will let us all know once this has been decided.
I On this day in exchange for following their theme we are asking for donations of filled jam jars which will be used to create a tombola " stall for our school Summer Fair.
" So where possible we would like every child to bring in a filled jar. These can be glass and must have lids. Jam jars are the kind of size we I are aiming for but any jar will do.

IThe jar can contain sweets, fun sized chocolate bars, hair accessories, stickers, craft items, stationary items such as rubbers, pens etc or - even small toys. - the list is endless just use your imagination.

I

- Please remember that any items that go into the jars must be unused and in date for at least the end of July. They also should be things \| that children and adults might like to win.
| Feel free to decorate your jar with stickers or ribbon.
- 

| FOMSA will also be collecting spare jars ready for people that may not have one. Therefore, please can you leave any clean, washed jam - jars with the school office. Nearer the time we will give you the chance to collect one from us if you need one.

- This is a new and different idea for us and we hope everyone will support us in giving it a try and making it a success.

I

- More information about FOMSA events this term will follow in our summer newsletter next week.



Reconnecting the Community with its unique Tudor Heritage part of the ơtrmoury Fiacelift Froject

- Re-enactors recreating Tudor rural life
- Parish Militia training with Muskets, Bows, Bills + Halberd
- Expert Talks about Armour + Longbows + Replica Armour to try on
- New Armoury Booklet + Children's Storybook + Activity Book
- Short film about the Armoury
- Heritage Crafts Demonstrations including:

- Spinning \& Weaving o Stained Glass
- Stone Carving - Traditional Oak
- Tudor Music on Recorders + Crumhorns
- Children's Games + Trail + Quizzes
- Art + Craft Exhibition by Mendlesham School pupils - Beer tent, Food, Teas + more...


## The Armoury

is the small upper floor of Mendlesham Church's north porch and the only one in any English parish church still holding its parish collection of arms and armour. It has been there for about 450 years, since a law during the reign of Queen Mary, daughter of Henry VIII, compelled parishes to provide arms, armour and trained men to defend the country against invasion, such as the Spanish Armada in Elizabeth l's reign.
Though in 2020 Covid restrictions forced St Mary's PCC to close the armoury to the public, the Armoury Facelift Project holds exciting plans for better conservation, interpretation \& display of our heritage so it can be treasured by future generations.

The Heritage Fair
Come to this amazing event and watch the Parish Mititia training with bills, bows and muskets as they would have done over 400
years ago, discuss Tudor village life with those who bring it to life, hear and talk to two international armour and longbow experts, try on some replica armour and see a wide range of highly talented craftspeople demonstrating crafts still practised
from Tudor times. Enjoy some food and drink to the accompaniment of gentle Tudor sounds and enjoy the art and craft contributions by local schoolchildren.
ALL PROFITS TOWARDS THE ARMOURY PROJECT
Although we can't open the armoury on this day, you can see a superb short film about it.
Parking avallable in Mendlesham Playing Fields : Please be aware-- many surfaces are not wheelchair accessible \&

- if you are considering bringing a dog, that there will be some occasional loud bangs from musket firing \& the Parish Council does not permit dogs on the Playing Fields.

